

CEOs: Planning for the new year includes team meetings, goal-setting and a trip to recharge

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This week's question to South Florida CEOs who are on the Miami Herald CEO Roundtable: **How do you plan your new year goals and how do you encourage your employees to work toward a fruitful new year?**

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From a professional standpoint, we create a series of professional performance objectives at the start of every season, as bench-marked against our overarching business goals. These are reviewed quarterly based on progress made, challenges faced and other variables, and are then adjusted as appropriate to ensure they stay relevant given the current climate. It's a formalized process that helps keep us all accountable while also staying nimble as conditions evolve or change. Personally, I have two resolutions that are ongoing — to be healthy and to grow and learn something new each year. Last year, it was a trip to Vietnam and Cambodia to experience the culture and get out of my comfort zone. This year, I plan to exercise more, take up meditation and spend quality time with my family.

-Kim Stone, general manager and EVP, AmericanAirlines Arena